

**Synergistic Application of Metabolic Glycan Labelling and Click Chemistry to create a Novel Exosome-Based Therapeutic Against AZT Toxicity**

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**Abstract**

Zidovudine (AZT) remains essential for HIV prevention in mother-to-child transmission (PMTCT). However, oxidative stress and mitochondrial dysfunction remain key adverse effects associated with AZT contributing to its limited clinical use. Adipose-derived mesenchymal stem cells (ADSCs) exosomes offer an approach to offset these adversities due to their endogenous cargos. This study utilised glycan engineered ADSC-derived exosomes and conjugated them to AZT via copper-catalysed azide–alkyne cycloaddition (CuAAC) to form a biomolecule to attenuate AZT-induced oxidative stress in HepG2 cells. ADSCs underwent metabolic glycan labelling (MGL) with Ac4GalNA1, and exosomes were isolated by size-exclusion chromatography (SEC) and ultracentrifugation (UC). The zeta-potential shifted from  $-2.471$  mV (pure exosomes) to  $-7.789$  mV (labelled exosomes) confirming surface modification. Ultraviolet-visible spectroscopy and high-performance liquid chromatography analyses yielded AZT concentrations of  $\sim 21$   $\mu\text{g/mL}$  in the biomolecule. Bioconjugate efficacy was then assessed using lipid peroxidation (MDA), glutathione (GSH),

and superoxide dismutase (SOD) assays. Compared with AZT alone, the bioconjugate reduced intracellular MDA from  $0.1807 \pm 0.0036 \mu\text{M}$  to  $0.1409 \pm 0.0029 \mu\text{M}$  (22% reduction) and extracellular MDA from  $0.6292 \pm 0.0054 \mu\text{M}$  to  $0.05735 \pm 0.0028 \mu\text{M}$  (90.9% reduction). Intracellular GSH increased to  $186.93 \pm 0.03 \mu\text{M}$  versus 25 AZT ( $173.22 \pm 0.01 \mu\text{M}$ ), and extracellular GSH increased from  $157.27 \pm 0.01 \mu\text{M}$  to  $173.49 \pm 0.04 \mu\text{M}$ . SOD activity increased from  $2.54 \pm 0.05 \text{ U/mL}$  to  $5.88 \pm 0.01 \text{ U/mL}$ . These findings demonstrate that ADSC-derived, glycan-engineered exosomes conjugated to AZT mitigated AZT-induced oxidative injury and enhanced antioxidant capacity, supporting their potential as therapeutic and drug-delivery platform.

**Keywords:** Zidovudine (AZT); Adipose derived mesenchymal stem cells (ADSCs); Exosomes; Metabolic glycan labelling (MGL); Click Chemistry